



new hampshire  
**WOMEN'S FOUNDATION**

**To: Chair Ward and the Senate Education Committee**

**Re: SB 375, relative to biological sex in student athletics.**

**Date: January 30, 2024**

**Position: INEXPEDIENT TO LEGISLATE**

The New Hampshire Women's Foundation invests in equality and opportunity for New Hampshire women and girls through research, education, advocacy, and grantmaking.

We respectfully oppose SB 375 because it discriminates against trans students who deserve to be accepted and included in our schools and school activities. **This legislation would move us backwards from the progress New Hampshire has made in recognizing transgender people in nondiscrimination law.**

Despite growing public awareness of gender identity and support for transgender people, they still face disproportionate rates of discrimination, harassment, and violence — that must change. All students deserve the opportunity to participate in sports. **Transgender girls, like all girls, deserve to be treated fairly and have access to all our schools have to offer.**

SB 375 promotes exclusion and unequal access to education opportunity

Providing equal opportunities in all aspects of school programming is a core value in education. It follows that all young people should have the opportunity to play recreational sports and have their personal dignity respected. Transgender young people are no different. In fact, because transgender young people often must overcome significant stigma and challenges, it would be particularly harmful if schools chose to exclude them from the significant physical, mental and social benefits that young people gain by playing recreational sports. The impact of such discrimination can be severe and can cause lifelong harm. In contrast, permitting transgender children and youth to participate in recreational sports in their affirmed gender can provide an enormous boost to their self-confidence and self-esteem and provide them with positive experiences that will help them succeed in all other areas of their lives.<sup>1</sup>

SB 375 is inconsistent with rules established by the NHIAA (New Hampshire Interscholastic Athletic Association) and NCAA (National Collegiate Athletic Association) and supported by major medical associations and youth advocacy organizations

Across the nation, athletic organizations and governing bodies have recognized that the rights of transgender students to participate in sports call for the same considerations of fairness and equal access as their classmates. These well-developed policies require that students who

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<sup>1</sup> Excerpted from Guidelines for *Creating Policies for Transgender Children in Recreational Sports*, Transgender Law and Policy Institute, 2009

identify as transgender demonstrate a consistent gender identity in everyday life, as verified by people in the student's life and/or health professionals. These policies also recognize that transgender athletes are entitled to a non-negotiable right to privacy and confidentiality throughout this process. SB 375 would create confusion around New Hampshire law and the thoughtful and interdisciplinary policy recommendations and guidance established to ensure the dignity, privacy and legal rights of transgender student-athletes and their teammates.

SB 375 is inconsistent with New Hampshire's recently enacted non-discrimination laws

In the last few years, bipartisan majorities in both the House and the Senate enacted laws to prohibit discrimination based on gender identity and expression and to ensure these anti-discrimination provisions were applicable to the behavior and environment in New Hampshire's public schools. The New Hampshire Women's Foundation strongly supported both of these measures and would encourage this Committee to build on these inclusive policies by helping to move us forward, not backward with regard to gender equality. There are indeed real inequities and injustices when it comes to funding, resources, and pay equity in women's sports and proposals like SB 375 distract from that worthy focus.

SB 375 would open the door to violations of Title IX<sup>2</sup>

Advocates for women and girls in sports such as the National Women's Law Center, the Women's Sports Foundation and Women Leaders in College Sports support trans-inclusive policies and oppose efforts to exclude transgender women from participating in sports. Not allowing transgender students to participate in sports violates their rights under Title IX, which has been interpreted under case law to include the prohibition of discrimination based on gender identity. For schools and school districts in New Hampshire, SB 375 would invite costly and divisive litigation.

We ask you to recommend SB 375 inexpedient to legislate and protect **the progress New Hampshire has made in recognizing transgender people in nondiscrimination law.**

All students deserve the opportunity to participate in sports. **Transgender girls, like all girls, deserve to be treated fairly and have access to all our schools have to offer.**

Respectfully submitted,  
Devan Quinn, Director of Policy

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<sup>2</sup> See *Whitaker v. Kenosha Unified School District*, NO 16-3522 (7<sup>th</sup> Circuit, 2017) and *Highland v. U.S. Department of Education*, No. 16-4117 (6<sup>th</sup> Circuit, 2016)