

NHWI

Contemporary. Gender. Equality. Listening. Session

University of New Hampshire in Durham, NH



About the New Hampshire's Women's Initiative (NHWI):

The New Hampshire Women's Initiative (NHWI) is a new non-profit organization dedicated to continuing the legacy of success of our merging partners: the Commission on the Status of Women, the Women's Lobby and Alliance, and the Women's Policy Institute. The NHWI mission is to advance social, economic, and political opportunity and equality for women in New Hampshire.

The NHWI has a unique governance structure. Its board is supported by both a Founding Mothers' Panel, comprised of the founders of the merging partners, and a Gender Ambassadors Panel, a group of young women leaders who are interested in better understanding and re-framing the dialogue around gender equality issues in New Hampshire. This multi-generational sphere of influence will help the NHWI leverage both the rich history and accomplishment surrounding women's issues in New Hampshire and at the same time craft a new path forward for gender equality born out of contemporary thinking and needs.

About the Gender Ambassadors Panel (GAP):

The goal of the Gender Ambassadors Panel (GAP) is to support the mission of the NHWI by informing its research, outreach, and advocacy with a better understanding of the gender equality issues that younger women and men identify as important to them. GAP members will work toward that goal by hosting Contemporary Gender Equality Listening Sessions in various geographic locations around the State. The Listening Sessions will be facilitated focus groups consisting of six to ten participants engaged in a formal discussion for up to ninety minutes using pre-determined questions. Results will be documented and shared with the NHWI Board. The Listening Session participants will come primarily from the existing networks of GAP members and are expected to be primarily women, however the method can be adapted to reach other networks and populations, including men.

About the Network Facilitators:

The first round of listening session hosted by GAP members took place in the fall of 2011. The listening sessions generated so much interest that participants, board members, and other colleagues wanted to be a part of the process and host their own sessions! The NHWI Board and GAP members enthusiastically support this extension of the listening sessions to others in our community. Network Facilitators use the same facilitation packet, including the note takers table, and draft a report based on the content of their session.

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Introduction and Background

Methods:

Gaining insight into a community with the use of focus groups is a commonly used approach to qualitative research. Qualitative research is a systematic approach to understanding human thoughts, behaviors and motivations through thoughtful survey design, observation, and inquiry.

The GAP Listening Sessions are designed like focus groups where a facilitator and note-taker work together to gain insight into participant's thoughts and feelings about contemporary gender equality issues facing young women and men in NH.

Prior to conducting the listening sessions, each facilitator and note-taker is provided a facilitation packet that details instructions for conducting an effective focus group. This includes instructions for the specific roles of the facilitator and note-taker, the length of the session, and how to draft the report after the listening session.

Location

The listening session was held at the University of New Hampshire in Durham, NH.

Participant Background

The participants are between ages 20 to 21. 5 women, 3 men. 8 total.

Listening Session Format

The listening session followed a traditional focus group format, which included a two to three minute allotment per question, per person. Each session was designed to last two hours including introductions, participant feedback, a participant exercise, and concluding remarks.

The Listening Session was conducted using an agenda and script provided in the facilitation packet (Appendix A: Listening Session Script). The participants introduced themselves by first name, occupation, age, and town of residence.

Summary of Findings:

The Summary of Findings is organized by each question asked at the listening session. Synthesis of material will occur at a later date when all of the listening sessions have been conducted. Please note that participants are identified only by a number to protect their privacy.

1. What made you interested in today's session in gender equality?

Participant	Comment	Note-taker observation
8	Came initially as a facilitator	
7	Pays attention to politics. Obama	
	vs. Clinton is interesting.	
6	Knows [redacted]. Powerful	
	woman. Wants to see dynamics.	
	Happy we mixed gender; never	
	really thought about it much	
	before. See as person more than	
	gender but not all see it that	
	way.	
5	Fac. → Participant. Women's	
	studies class as a freshman at	
	UNH. Became a feminist. Saw	
	Miss Representation. Excited.	
	Took class on a whim. More	
	suggested to take the class	
	WS401. Greatest class.	
4	Does not feel informed.	Group feels not informed. It's
	Interested in learning more.	more information.
3	Interested, but does not know	
	much.	
2	Never taken a lass but girlfriend	
	has helped to educate on	
	sensitivity. Much to learn to	
	support her and learn.	
1	Has already seen difference.	
	Provided language at college.	
	Power and privilege in college	
	graduate school social justice.	
3	Person of color will be different	
	than diversity. Gender, race, and	
	level of understanding of the	
	issue.	

2. How do you define gender equality?

Participant	Comment	Note-taker observation
8	No concept of gender equality	1912 – Gender equality

	1 1 1	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
	because their isn't only gender	amendment – has not (still
	equality in the world. How can I	hasn't) signed.
	come up with a definition when	
	it doesn't exist?	
7	Concept women and allies	
	(men who identify as feminist –	
	understand dynamics of being a	
	woman). Woman bashing a man	
	– image of a feminist – not the	
	case.	
6	Hard to describe something	
	when a definition does not exist.	
	Not reversal – working	
	together – seeing eye to eye –	
	not just about women but men	
	too.	
2	Equal treatment – seen as	
	people not generalization. Being	
	equal regardless of gender so	
	you can work together. Had not	
	even heard of Amendment.	
	Though if you can pass all the	
	laws you want, but it takes time	
	to integrate into society.	
3	Also didn't know EK Amendment	
	existed. Italian. Traditional rules.	
	Passed down in generations.	
	Grandparents - parents.	
	Grandmother had 7 daughters –	
	cultural expectations with family	
	 has disagreement with family. 	
	Traditional Italian dad at	
	restaurant. Making comments about a waitress – he does not	
	agree with that. What gender	
	equality is not.	
4	Can relate to 3. Similar	
	background. Elderly	
	grandparents – how he treats his	
	wife. Mom a complete feminist.	

	Interesting to see the change.	
	Equal value being placed on all	
	people for the world.	
5	for the very small (personal) to	
	(Legislation). Hard to define.	
	Hard to overlook definition to	
	such a broad subject. In an ideal	
	world, lack of discrimination	
	between sex and gender.	
3	Hard because it's different for	
	every person – hard to put	
	yourself in someone else's	
	shoes. I see a woman as she sees	
	herself.	
7	Hard to walk someone's walk.	
	Education is key.	
8	Haitian / Italian – ripple effect in	
	culture. Women do All	
	traditional women / kids last –	
	Grandfather changed that up.	
	Dad does everything – alpha	
	personality for seeing her dad	
	being the 'mom'. Stuff he	
	/does clothes had her dad	
	doing everything. Shared	
	roles.flidity – men break gender	
	norms = gender equality. I'm not	
	moving an inch for nothing can	
	change/dad is a mechanic.	
	Starts at home – life is a ripple	
	effect – raise kids to break social	
	norms. Our generation to	
	break the norms. Maybe	
	definition can come about.	
2	How you were brought up	
_	effects how you look at gender	
	equality. His parents/family very	
	traditional. Works fine, but in	
	their house it works roles – sister	
	helped mom – he would help	
	neipeu mom – ne would neip	

	dad. Felt wrong – but does	
	define the gender norms.	
1	Gender spectrum – dichotomy –	This group roully advection
1	•	This group really education.
	feel like they don't fit how we	
	define male and female	
	especially in transgender	
	communities. What is a real	
	woman – we align sex with	
	gender. Gender equality means	
	access – equal access and	
	treatment. Sexism – fits	
	stereotypical bio, but does not	
	equal gender role. Gender in a	
	spectrum – not just male and	
	female. People become impr in	
	their roles have to act a certain	
	way. Everyone	
8	Forgot about spectrum. I.e. gay	
	and transgender.	
5	Goes back to education and the	
	importance of education and	
	what defines it.	
	Biology/gender/sex – not talked	
	about a lot not until in	
	changing of society – don't wait	
	until college.	
8	This generation has to educate	
	the ripple effect.	
3	How you define yourself vs. how	
	others define you. A few years	
	ago he would not have seen	
	himself as a feminist. Morphing	
	changing all the time – views	
	change.	
2	Problem is labels – atheist vs.	Fac. – Group is very
	agnostic. As soon as we put a	philosophical. We've talked
	label on it they think they can	about what it is / isn't. Gender
	know you. In all things prevalent	equality – Do you feminist –
	in everything. You can be this or	women issues?
3	This generation has to educate the ripple effect. How you define yourself vs. how others define you. A few years ago he would not have seen himself as a feminist. Morphing changing all the time – views change. Problem is labels – atheist vs. agnostic. As soon as we put a label on it they think they can know you. In all things prevalent	philosophical. We've talked about what it is / isn't. Gender equality – Do you feminist –

	that but	
1	Gender equality sounds like it's	Thumbs up.
	about women about black –	
	sexuality – gay people. Gender	
	equality – like its – putting the	
	word equity up front –	
	encompasses gender as a	
	spectrum.	
2	Hard to define but likes it.	
7	Slandered over the years. People	Feminism
	don't really get it. Thumbs up –	
	label with baggage. Can it	
	overcome its baggage? Sees	
	gender equality and feminism as	
	different words.	
5	Feminism is an entire	
	movement. So incredibly	
	history.	
1	Gender equality is feminism. If	
	you are not a feminist, you're a	
	sexist – lack of awareness.	
6	Women's Issues – 'period'	
2	Another label. Too narrow. Not	Everyone in agreement.
	just women's issues – everyone's	
	issues effects everybody.	

3. How have you, in NH, experienced gender equality or inequality? Outside of professional setting? What's happening that's important?

Participant	Comment	Note-taker observation
6	Always hear treated as a	
	powerful woman. Taught the	
	same way by her dad. Had a	
	boyfriend – auto parts store —	
	did not want her to change	
	wiper blades. Boyfriend was	
	ashamed.	
8	Experienced the same thing. Dad	
	is a mechanic. Auto parts guy	

	didn't get it when she ordered	
	the parts – did she really shut up	
	her friend – label 'tom boy.' Why	
	can't I be a girl that knows what	
	she is doing? Tom boy label if	
	you are not female.	
6	Labels – stigmas follow you.	
4	Because her family was	
	traditional her parents / mom	
	tried very hard to raise their	
	children differently. Raise your	
	daughters like	
2	Shouldn't have to say that that's	
	how bad it is.	
3	With his mom – shopped with	
	his mom.	
7	Thinking about her family.	
	Successful woman pastor in	
	{redacted}.MA.Friction.in	
	family – pastor is not her dad but	
	her mom. Dad blames mom	
	when something goes wrong in	
	church, not the church. She calls	
	her dad on it – but he is new	
	unemployed taking frustrations	
	out on his mom culture /26	
	kids. Was told as children she	
	needs to learn to cook	
	husband won't. Brothers did not	
	have to do it. Brothers can't find	
	girlfriend because of 'waiting for	
	you on all fours – [redacted]	
	that.'	
2	Waves at computer testing place	
	on campus. Mostly guys. Stigma	
	if a girl is hired there. 'Only hired	
	because she was a girl,' not	
	because she was smarter – The	
	token girl. Director is a woman,	

	1	
	others manager women the	
	is women – there is still the	
	stigma, not a single computer	
	science major he knows is a girl.	
	Why would you want to stay in a	
	major if you don't feel like you	
	belong? We are social beings.	
5	Boss at restaurant. Straight up	
	[redacted]. Hear name. So	
	sexist/conservative/rep.	
	misogynist a bit better out of	
	necessity. Would not hire	
	women in the kitchen – okay at	
	home but not as a profession.	
	Would only hire girls on counter	
	– but no guys – remarks and	
	actions.	
	Boobs don't mean I can arrange	
	flowers a lot of people quit – he	
	had to change a bit. Blatant	
	sexist.	
3	Deli at Hannaford. Guy treats	
	customers in Where's my fist	
	bump? Cooking.	
	Profession – Elderly mimi	
6	Only girl in class – stick with it	
	giving a focus group – all men	
	of Eg. He patted her on the	
	head. She kneed him in the balls	
	and left. He thought he was	
	complimenting.	
2	How can people be that bad?	
3	Teacher mechanical engineering	
	– top 3 grades in class were	
	women. 120/5 girls / 3 top of	
	class. Excuse that the girls were	
	top 3. Slander and bias.	
	F 20- 20- 20- 20- 20- 20- 20- 20- 2	



1	Men even make more than	
	women even in traditional	
	female positions. i.e. nursing,	
	teachers. There is no hope. Feels	
	hopeless.	
8	Women who fight to get paid	
	more get shunned. i.e. Hillary	
	Clinton.	
2	Reading games in thrones	
	devil. Woman wants to be a	
	knight – always treated 2 nd class.	
	top of the class.	
4	Two female faculty. BFA. Yet	
	female students with male	
	professors. Tenure traditional	
	pre men.	

4. Post-It Exercise!

Participant	Comment	Note-taker observation
3	Everything ended up in	
	education. People are different –	
	comes from ignorance not from	
	not knowing.	
5	Education.	
2	Early education.	
	Teaches like it already happened	
	at least in high school.	
	Taught early won't put a stigma.	
	Hard to teach an old dog new	
	tricks.	
8	Should as early as possible in an	
	age appropriate way. Even pre K.	
4	Start early – whole issue when	
	we P-K. Girls in play house /	

	boys with trucks.	
2	Sister would play dress up with	
	him – had fun but then as a teen	
	was had to admit he did it.	
	Impatience of early int.	
1	Inclusive curriculum – how can	
	you teach those topics in an	
	inclusive form?	
	More impt. than even really	
	need to have cultural	
	competency in education –	
	Nashua different than the rest of	
	state.	
3	High school history class.	
	American history – women	
	studies major. UNH / taught	
	both sides of everything.	
	Always have programs where we	
	have the dialogue. UNH budget	
	crisis – liberal studies gets cut –	
	women's studies / ethnic	
	studies. How is UNH going to	
	neglect the state?	
1	is news	
	13 116.443	
	Labels	
	Labels	
	Who I am matters	
	Willo Falli Maccers	
	Gender issues at a man	
	Gender issues at a man	
	Start breaking norms	
	Start breaking norms	
	How do you support the people	
	having the conversation?	
	naving the conversation:	
	Gift of dialogue – water drops	
	Ont of dialogue – water drops	



Closing remarks from participants:

None.

Limitations:

Facilitator and Note-taker observations and concluding thoughts:

Appendix A: Listening Session Script

- Welcome and Introductions (*slightly shortened for this listening session)
 - Thank participants for coming
 - Distribute participant information sheets (and agendas if using)
 - Introduce facilitator and note taker
 - Overview of New Hampshire Women's Initiative
 - The New Hampshire Women's Initiative is a new non-profit organization
 - A unification of:
 - The Commission on the Status of Women
 - The Women's Lobby and Alliance
 - The Women's Policy Institute
 - NHWI Mission: To advance social, economic and political opportunity and equality for women in New Hampshire.
 - Has a Board of Directors and two advisory panels
 - Founding Mothers
 - Gender Ambassadors Panel
 - Objective of Listening Sessions & GAP
 - Gender Ambassadors Panel will support the mission of the NHWI through researching and better understanding the gender equality issues that younger women and men identify as important to them.
 - Members of GAP will host a series of Contemporary Gender Equality
 Listening Sessions in various geographic locations around the State.
 - Introduction of participants: First name, age, town, occupation

II. Overview of the Process

Description of plan for Listening Session by facilitator



- How discussion will be documented during the Session
- How a report will be prepared after the Session
- Assurance of confidentiality (inform participants that any report will only identify participants by age, zip code, and industry/occupation)

I. Establishment of Ground Rules (*slightly shortened for this listening session)

- Ground rules encourage active and honest participation and a safe discussion environment.
- If a participant violates a ground rule, they will be politely reminded of the ground rule.
- If a participant continues to violate a ground rule, they will be asked to leave the group.

Ground Rules (The 5 A's)

Participants of this group...

- Agree to maintain confidentiality
- Agree that there are no "right or wrong" answers to the questions
- Agree to speak honestly based on our own experiences
- Agree that only one person will speak at a time
- Agree to respond to one another politely and respectfully

II. Discussion of Contemporary Gender Equality

- 1) What made you interested in attending today's listening session on gender equality?
- 2) How do you define the term gender equality?

What does gender equality mean to you?

What does gender equality not mean to you?

What issues or subjects do you think about when you think of gender equality?

3) In New Hampshire, have you experienced or observed gender equality or inequality?



III. Post-it Note Exercise

What issues relating to gender equality do you think are most important for the New Hampshire Women's Initiative to address?

(Each participant receives 3 standard yellow Post-it notes and a black sharpie; they must write their top three issues, one per Post-it note. Ask them to put the Post-its up on a white board or wall. Then each person gets one red dot. They must place their red dot on their top issue, which doesn't have to be one of the ones they originally wrote.)

IV. Wrap-up

- Do you have any other thoughts or ideas that you really want to share about gender equality in NH? (*not asked at this listening session due to time constraints)
- Thank you to participants by facilitator
- Collect participant information sheets; distribute NHWI information sheets

V. Adjourn

^{*} Facilitator must collect the Post-its and return to the GAP Committee when complete